

EXPRESSION PRIMITIVE



DANCE TOGETHER IN RYTHM and ENJOY YOURSELF

EXPRESSION PRIMITIVE

Is a **dynamic, happy, festive**
and **collective** dance.

Danced on **the rhythm** of djembe
and
supported by **the voice** of the dancers.



**A contemporary dance
based on universal structures of all traditional dance
Practiced in entertaining and cheerful atmosphere**



- Immediately do-able
- No experience needed
- Overall body exercise

-Develop agility, stamina, strength, flexibility

-Improve sense of rhythm and voice quality

- Enhance confidence

ARE YOU READY TO DISCOVERED THIS DANCE?

Come and try out

When ?

FRIDAYS 12:00 – 12:50

Cost:

Per 6-week series:

\$ 45 members/ \$ 55 non members

Where ?

YWCA

Drop in:

\$ 12

2600 Bancroft Way @ Bowditch
Berkeley, CA 94704

With ?

Cécile Lassalle-Berthelot

Dance-therapist

«Expression primitive» trainer and specialist.

Graduated from the University of

« La Sorbonne » Paris IV

And graduated as a Physical Sport Educator

Contact:

YWCA Berkeley/oakland

510-848-6370

WWW.YWCA-berkeley.org



In «expression primitive» We don't train dancers,
We **wake up** the dancer **inside every person**